



Sign Up Today!: <https://runsignup.com/Race/WA/Arlington/VCSVirtualFriendship-Walk5KRun2020>

Or mail your \$25 check & address to

Village Community Services
Attention: "Friendship Walk"
3210 Smokey Point Drive, Suit 200
Arlington, WA 98223

Be Our Superhero!

- \$25 Suggested Donation. Proceeds benefit Voices of the Village & Village Music & Arts
- Run at your pace on the course of your choice
- Bib number & waterproof Friendship Walk & Run sticker to all participants
- Finisher's medal to first 100 5/10k registrants
- Post race photos and times to Facebook or e-mail to mdietz@villagecommunitysvcs.org
- Don't forget your superhero costume!

Post your race time & finisher's medal photos at:

<https://www.facebook.com/FriendshipWalk5KRun>

#friendshipwalk5krun

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Race Ends September 19, 2020

Proceeds Benefit Village Music and Arts and Voices of the Village!